

COSMIC IDENTITY BUILDER

Future Self, Skills & Personal Growth Mission Sheet

"Your identity is not just who you are today — it's who you are becoming."

HERO IDENTITY SCAN

 My Name:

 Three Words That Describe Me:

1.

2.

3.

 The Type Of Person I Want To Become:

FUTURE SELF ACTIVATION

 What Does My Future Self Look Like?

 How Does My Future Self Act?


 What Habits Would My Future Self Have?


 What Would My Future Self Be Known For?

HOBBIES & INTERESTS POWER FILE

 **Things I Enjoy Doing:**

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 **Music, Art, Games, Sports, Or Activities I Love:**

 **Something New I Want To Try:**

KNOWLEDGE & LEARNING LAB

 **Topics I Want To Learn More About:**

 **Books, Podcasts, Videos, Or Creators That Inspire Me:**

 **A Fact Or Skill I Learned Recently:**

 **How Learning Helps Me Grow:**



SKILLS & EXPERIENCE TRACKER

Skills I Already Have:

★ _____

★ _____

★ _____

★ _____

Skills I Want To Improve:

Experiences That Have Helped Me Grow:

Something Difficult I Have Learned To Do:

IDENTITY BUILDING MISSIONS

Mission	Why It Matters	My First Step
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



DAILY FUTURE SELF CHECK-IN

Today I Will...

Practice a skill






- Learn something new
- Read or research
- Try something brave
- Speak kindly to myself
- Take one step toward my goals

 **One Small Action I Can Take Today:**

 **DESIGN YOUR FUTURE SELF**

Draw your future superhero version — include symbols of your talents, goals, interests, and dreams.

 **FINAL COSMIC AFFIRMATIONS**

-  I am always growing.
-  My future is full of possibilities.
-  Every skill starts with practice.
-  I can build the life I want.
-  My identity is powerful and unique.

 **My Personal Power Statement:**

 **COSMIC MESSAGE** 

Every hobby, skill, experience, and dream helps shape your identity. You are building your future one mission at a time. 